

Portsmouth Triathletes

2019 Sea Swimming Season In Case of Emergency (ICE) Form



YOUR INFORMATION

NAME	
ADDRESS	
PHONE	

YOUR PRIMARY CONTACT PERSON IN CASE OF EMERGENCY (ICE)

NAME	
ADDRESS	
PHONE	

Please read the following notes for participating in sea swimming sessions hosted by Portsmouth Triathletes during the 2019 season:

- 1) All swimmers participate in club sea swimming sessions at their own risk no liability is accepted by Portsmouth Triathletes for the safety of any club member/guest/visitor or for any personal effects left in the beach hut;
- 2) All swimmers must sign the register before entering the sea and sign out immediately upon exit;
- 3) All swimmers should carry out their own risk assessment of the sea conditions before entering the water;
- 4) All swimmers should remain within the boundary of the swim zone area marked by the yellow buoys as the club kayak patrol and beach patrol will only cover to the submarine blocks;
- 5) Only club members aged 16+ allowed to participate
- 6) Please volunteer for the roles required to provide the club sea swimming sessions;
- 7) Be aware the club does not provide a rescue service for swimmers;
- 8) Beach watch, kayak patrol and beach patrol will be provided for up to 1-hour per session at the discretion of the lead officer;

I HAVE READ AND UNDERSTAND THESE NOTES ISSUED BY PORTSMOUTH TRIATHLETES AND ACCEPT THAT I PARTICIPATE IN THE CLUB HOSTED SEA SWIM SESSIONS IN 2019 ENTIRELY AT MY OWN RISK

NAME (PRINT) _____ SIGNED _____

DATE: ____/____/____